

Nutrition Facts

2 servings per container

Serving size 1/2 of smoothie

Amount Per Serving

Calories **170**

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0.143g **1%**

Trans Fat 0.002g

Polyunsaturated Fat 0.132g

Monounsaturated Fat 0.066g

Cholesterol < 5mg **1%**

Sodium 60mg **3%**

Total Carbohydrate 38g **14%**

Dietary Fiber 3g **11%**

Total Sugars 27g

Includes 5g Added Sugars **10%**

Sugar Alcohol 0g

Protein 5g **10%**

Vitamin D 0.675mcg **4%**

Calcium 154mg **10%**

Iron 1.16mg **6%**

Potassium 735mg **15%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.